

1. **SOMETIMES I THINK I DO** - This track is near to my heart because a dear friend of mine penned it at a time very similar to what I went through in my own life. It acknowledges the need that each of us have for a true and unconditional friend when we walk through the valleys of life. The lyrics tell of the hope that our heartache is not forever!
2. **UNDONE** - I believe that one of the hardest things in life is to remain open and vulnerable in our relationships. So often, when we feel we have been hurt, our reaction is to close up and put on a facade. There is no exception in relationship to our Father, who loves us unconditionally. It is in that place of brokenness and vulnerability that He finds access to our soul, where He can change that which needs changing, heal the hurting heart and give hope, strength and power to every situation.
3. **LITTLE BIT OF HEAVEN** - I had the privilege of co-writing this song with a friend of mine, Bryan Duncan. Some days, the cares of this life seem to crowd out a tangible hope of what is to come. If we can manage to sit still and know that He is coming for us, we have a renewed excitement of our forever reality! When we live with the idea fresh in our minds that our future is secure, it gives us courage to face the many days that seem too heavy to bear....."So, I'll be waiting with a little bit of heaven in my mind!"
4. **HOLDING** - Not all songs need to speak to the hope we have. I believe it can be good for the soul to mourn at times and find the end of our own strength. It is there that He meets us, not when we are strong. I wrote this song when I felt numb and trapped inside the tomb of myself. I felt no one heard or understood me. I knew God was there, but I couldn't feel Him or hear Him. The chorus chimes "I am holding, I am praying, I am crying for me." We know that there is one who intercedes for us when we can't even find the words to pray. Sometimes a song brings those utterances up from the depths of our soul.

5. **LAY THEM DOWN** - If you are like me, I find myself worrying at times and don't even realize how it is affecting me! The funny thing is, when we see it in other people, we realize the profound toll that worry and anxiety takes on our emotions and our health. All through God's word, we are reminded to cast our anxiety on Him, because he cares for us. We're told that His burden is light. I wrote this song to remind myself that instead of holding on to those things that are beyond my control, I need to go to the source that will give me peace....and that is at the foot of the one who loves me.
  
6. **LIGHTNING ROD** - All of us have days that we cannot hear or feel God. This is particularly discouraging when we have experienced Him so powerfully at another point in life! Sometimes it is because we have closed our ears, we have not renewed our minds with truth....and sometimes it is simply because we are walking through a desert, a testing ground for a season. We are tempted to ask, "Are you even there, God?" God is not angry when we struggle to understand Him. He is saddened when we don't struggle to even wonder. It is for this reason it is good to walk together in life with those that are on the journey as well. We can remind one other through the testimonies of each other's lives, of the faithfulness and constant presence of God, even when we cannot see Him working.
  
7. **BIG GREEN CHAIR** - First of all, YES....there was a "big, green chair." It was yet, another dark night on my painful quest to find relief, I sat in a big, fluffy chair and cried tears that wouldn't seem to stop. Things from my past; both things done to me and things I had done to others came rushing up to the surface and opened up wounds I had tried so hard to numb and forget! Through the tears, I was aware that God was with me, though I was not at a point of surrender. It almost seemed as if that big chair had arms that were holding me as I cried for the loss of my innocence and youth. It is His kindness that leads us to repentance, and that night, His kindness was evident to me.
  
8. **SAY GOODBYE** - It is a sorrow when relationship is broken. It happens all too often in this world when we decide that sticking it out is too hard. We have forgotten that God is in the business of doing the impossible IF we will trust Him. Our relationships....our lives are a marathon, not a sprint. Things are healed and brought to bloom over a long period of time. Sometimes, it is years before a breakthrough occurs in us or our spouse. (Or children, boss, extended family etc.) I

sorrowfully said goodbye to my first marriage because I lost sight of the fact that God could have done a miracle. He wanted to. It was I who didn't want to wait. Strength rises as we wait on Him, getting us ready in character for the blessing to follow. Sadly, this song was my goodbye.

9. **NOTHING BUT TIME** - There is nothing lofty about this song, but a great story about a guy who tried to fix my car. When a three hour tune-up turns into a five day fiasco, you lose your patience a bit! When I finally picked my car up, it had remnants of meth on the dash, my hubcap was missing and smoke was pouring out of the engine as we drove away. It turned into a great opportunity to share how God had intervened in my own journey with meth and gave me a moment to pause and be thankful for what I had been brought out of!
  
10. **TONITE** - If you are like me, from time to time, you get tired of living in your own skin. The words you say, the temptations you fight, the failures you have accumulated. They all remind you that you are still confined to your flesh and its carnal nature. Then once again, something speaks to us, reminding us we are not left alone in our humanity. If we have truly surrendered, we have access to the power of change and growth. We are made new if we humble ourselves and go back to the Source of it all. The Serenity Prayer states it well: "God, grant me the serenity to accept the things I cannot change, the courage to change the things I can, and the wisdom to know the difference."
  
11. **LULLABY** - When I was a new mom, I spent many of my days lying on a couch, due to debilitating headaches. I felt condemnation for not being the mom I longed to be. I often had a difficult time enjoying my children because I was suffering, and at times refused to be comforted. God was gracious to give me precious moments in those early days, when he allowed me to see the beauty in their faces and the gift that they truly were! Lullaby was to my sweet Carly. She is now a teenager and still plays it to this day. I pray she plays it for her little girl someday!